**Physical Education and Sports**

**Grade 9 Girls/ Boys**

**Topic: Volleyball/ Cricket**

**Date: March 30, 2020**

**Girls Activity (Volleyball)**

1. With the use a video explain and demonstrate a serve in volleyball. Be creative, no more than 2-3 mins. (20mks)

**Due Date: April 9, 2020**

**Teachers: Mr. Barnett orane\_barnett@yahoo.com**

 **Mr. Salmon lamar.salmon@yahoo.com**

**Boys Activity (Cricket)**

1. With the use a video explain and demonstrate a medium catch in cricket. Be creative, no more than 2-3 mins (20mks)

Due date: April 9, 2020

Teachers: **Mr. Morgan** **alewayne82@yahoo.com**

 **Mr. Scott stephen\_scatta@yahoo.com**